



The O'Brien Institute for Public Health &
the Department of Community Health Sciences present:

Sex and Gender-Based Medicine in Health Care: Proper Care or Propaganda?

Speaker: Sofia Ahmed

Friday, April 5, 2019 - 12:00 to 12:50 p.m.

G500 - Health Sciences Centre, 3330 Hospital Dr NW

The presentation will discuss how the variables sex and gender are related to the state of health and disease of the population, both locally and globally.

Dr. Ahmed is an Associate Professor in the Department of Medicine, Cumming School of Medicine at the University of Calgary. She is the Lead of the Women's Cardiovascular Health Research Initiative in the Libin Cardiovascular Institute at the University of Calgary, a nephrologist and clinician-scientist with a focus on sex differences in human cardiovascular and kidney physiology and outcomes. Dr. Ahmed is a member of the Advisory Board for the Canadian Institutes of Health Research (CIHR) Institute of Gender and Health and is the Sex and Gender Champion of the CIHR-funded Canadians Seeking Solutions and Innovations to Overcome Chronic Kidney Disease (Can-SOLVE CKD), a pan-Canadian patient-oriented kidney research network. She completed her MD and internal medicine residency at the University of Toronto and a nephrology fellowship at Brigham and Women's and Massachusetts General Hospital. She completed her Master's in Medical Sciences at Harvard University. Dr. Ahmed is a strong proponent of the importance of mentorship and fostering excellence in the next generation of kidney and cardiovascular researchers.

Objectives:

1. Review science and principles of sex and gender-based medicine
2. Why health care providers should tailor screening, diagnosis, and treatment by sex and gender
3. How to incorporate sex and gender-based medicine into practice

This event is a self-approved group learning activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada. This seminar is also available via an online

AdobeConnect session: To attend the seminar from another location via your computer, click on this link:

<https://connectmeeting.ucalgary.ca/oiph-apr5-19/>

Enter as a guest. You may join the session at any time. It is advisable to test your audio before the seminar starts. At the request of the speaker, this presentation will not be recorded.