



Outcomes Report of Activities Supported by Campus Alberta HOPH Meeting Grant

Please provide responses to the six questions below, expanding as necessary to a maximum of two, single-spaced pages.

This report is due April 30, 2018 to [Jamie Day](#).

Date of Report	April 30, 2018
Date of Meeting	February 22, 2018
Title of Meeting	Healthcare Workforce Training in Supporting Family Caregivers of Seniors-in-Care
Team Lead(s)	Jasneet Parmar, MBBS; Suzette Brémault-Phillips, PhD; Wendy Duggleby, PhD
Amount of Award	\$3000 Plus: \$1215.90 & staff time from the Network of Excellence in Seniors' Health & Wellness (NESHW)

1. Please append the program/agenda for your HOPH-sponsored meeting.

See attached.

2. Meeting attendance (total number of attendees, affiliations represented, etc):

There were 40 attendees, including 9 caregivers, across several institutions.

Family Caregivers (9)	Alberta Health (1)	Institute for Continuing Care
University of Alberta (8)	MacEwan University (1)	Education & Research (1)
Alberta Health Services (6)	Norquest College (1)	Canadian Licensed Practical
Covenant Health (4)	Alberta Seniors & Housing (1)	Nurses Association (1)
Caregivers Alberta (3)	Research Institute on Aging (1)	
Bow Valley College (2)	Glenrose Rehabilitation Hosp. (1)	

3. Outline the meeting expenses covered by the awarded funding:

Project Assistant	\$1833.04
Transcription	1078.00
Water bottles & Parking	43.66
Parking Services (UofA)	<u>45.00</u>
Total	<u>\$2999.70</u>

Note: Food, Drink, Materials - Paid for by the NESHW: \$1215.90

4. List, provide, or explain outcomes from the meeting (reports, publications, etc):

We are currently analyzing the transcripts of the group discussions. Once we have finalized the analysis, we will come up with the following outputs:

4.1. A **report to stakeholders** on the meetings' findings

4.2. A **journal publication** on the meetings' findings

4.3. **Conference presentations** on the meetings' findings in the following:

- Accelerating Primary Care Conference, November 29, 2018, Edmonton
- Spotlight on Research Breakfast, November 2018, Edmonton
- Covenant Health Research Day, February 2019, Edmonton
- Alberta College of Family Physician's Annual Symposium, March 2019, Banff



5. List (with projected timelines and names of participants) what activities or next steps are ensuing from the meeting (follow-up meetings, etc):

5.1. **Educational Materials.** The investigators are going to bring together a stakeholder group from the participants to create educational materials for trainees/students (Grant McEwan, Norquest, UofA, UofC, CLPNA, Bow Valley College). Target completion: 3rd quarter 2018.

5.2. **Interactive Modules.** Covenant Health – NESHW will develop a series of interactive modules for training healthcare providers (using the CLIC platform) to be shared with stakeholders: Target completion: 2018-2019.

5.3. **Briefing Note.** Covenant Health - NESHW, in collaboration with and the Seniors SCN, will create a briefing note to inform healthcare system policies/procedures in the context of Supporting Family Caregivers of Seniors-in-Care

5.4. **Information Campaign.** The University of Alberta - Division of Care of the Elderly and the Covenant Health-NESHW will work to increase the awareness of healthcare providers on resources for supporting family caregivers.

5.5. **Caregiver Assessment.** Alberta Health Services - Continuing Care will integrate the use of a caregiver assessment tool in home care and supportive living.

6. Please provide any additional commentary on the benefits or unexpected consequences arising from the meeting.

6.1. On evaluation, most (81-96%) of the participants were satisfied with the process, duration, and dialogue in the working groups and in the plenary sessions.

6.2. The Network of Excellence in Seniors' Health and Wellness will continue to be a catalyst in providing support to family caregivers and in educating healthcare providers.

6.3. Dr. Parmar and team have received assurances of support from the participants on the upcoming activities in educating healthcare providers.

Quote from a participant evaluation

"Thanks for the opportunity to participate in this 'transformative' approach in addressing seniors' care and the roles that families play."



Covenant Health
Network of Excellence in
Seniors' Health and Wellness



Healthcare Workforce Training in Supporting Family Caregivers of Seniors-in-Care

AGENDA

February 22, 2018

Network of Excellence in Seniors' Health and Wellness

seniorsnetworkcovenant.ca

 **UNIVERSITY OF ALBERTA**
SCHOOL OF PUBLIC HEALTH

 **UNIVERSITY OF CALGARY**
O'Brien Institute for Public Health

University of
Lethbridge

Faculty of Health Sciences

 **UNIVERSITY OF ALBERTA**
FACULTY OF MEDICINE & DENTISTRY

 **Alberta Health
Services**



Meeting Objectives

1. Educate healthcare providers regarding the value of involving and engaging family caregivers on care teams and in care settings.
2. Involve family caregivers in the development of education/training materials so that their experiences and needs are addressed.
3. Identify similar approaches and training tools for all care settings to ensure consistency and increase impact across the province.
4. Recognize the importance of developing communication skills in healthcare providers to ensure meaningful communication with seniors and family caregivers and improve information sharing between healthcare providers.

AGENDA		Room #
8:30-9:00 a.m.	Registration	4-036
9:00-9:15 a.m.	Welcome and Overview of the Day Kathy Classen, Executive Director, Network of Excellence in Seniors' Health and Wellness	4-036
9:15-9:45 a.m.	Summary of the Literature Review and Pre-Meeting Survey Results Summary Reports from 2016 and 2017 Family Caregiver Symposia Jasneet Parmar, Medical Director, Network of Excellence in Seniors' Health and Wellness	4-036
9:45-10:45 a.m.	Working Groups Validate and explore the five areas of focus:	
	1. Assessment of caregiver needs (Facilitator: Lesley Charles, Program Director, Division of the Care of the Elderly, U of A)	4-004
	2. Culture change (Facilitator: Wendy Duggleby, Associate Dean, Research / Professor, Faculty of Nursing, U of A)	4-140
	3. Communication (Facilitator: Jennifer Mah, Associate Dean, Nursing, Norquest College)	4-150
	4. System navigation and access to resources (Facilitator: Suzette Brémault-Phillips, Associate Professor Faculty of Rehabilitation - Occupational Therapy, U of A)	4-152
	5. Organizational support (Facilitator: Dennis Cleaver, Executive Director, Seniors Strategic Clinical Network, AHS)	4-440
10:45-11:00 a.m.	Coffee Break	
11:00-11:30 a.m.	Presentation of Key Messages from Working Groups Facilitators report back to large group.	4-036
11:30 a.m.- 12:30 p.m.	Working Groups Identify key components of the five areas of focus. Same Working Groups, facilitators and breakout rooms as listed above.	
12:30 -1:15 p.m.	Lunch	
1:15-2:15 p.m.	Working Groups Implementation strategies, stakeholder commitment, future working groups. Same Working Groups, facilitators and breakout rooms as listed above.	
2:15-2:45 p.m.	Presentation of Key Messages from Working Groups Facilitators report back to large group.	4-036
2:45-3:00 p.m.	Summary, Next Steps and Closing	4-036



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